## WORKSOURCE ONE-STOP CENTERS

ALHAMBRA 91801

Managed Career Solutions, Inc.

(626) 284-9715

COMPTON 90221

Compton Worksources (310) 762-1101

EL MONTE 91732 Central San Gabriel (626) 258-0365

HUNGTINGTON PARK 90255

Hub Cities

(323) 586-4700

IRWINDALE 91706 LA Works

(626) 960-3964

LANCASTER 93534 Antelope Valley

(661) 726-4128

LOS ANGELES 90001 Florence/Firestone (323) 583-9655

LOS ANGELES 90022

East Los Angeles Employment & Business (323) 887-7122

LOS ANGELES 90036 JVS/West Hollywood (323) 904-4900

LOS ANGELES 90063 Chicana Service Action

Center (323) 264-5627

MARINA DEL REY 90292 JVS West Los Angeles

(310) 309-6000

MONTEREY PARK 91754 West San Gabriel Valley (323) 201-6180

PACOIMA 91331 Northeast San Fernando (818) 890-9400

PALMDALE 93550 South Valley (661) 265-7421

PARAMOUNT 90723 SASSFA – Paramount (562) 633-9511

POMONA 91767 L.A. Urban League (909) 623-9741

ROSEMEAD 91770 Career Partners (626) 572-7272

**SANTA CLARITA 91355**Santa Clarita **(661) 799-9675** 

**STA. FE SPRINGS 90670** SASSFA **(562) 946-2237** 

### We save lives!



## COMMUNITY AND SENIOR SERVICES OF LOS ANGELES COUNTY

3175 West Sixth Street Los Angeles, CA 90020

Information and Referral Area Agency on Aging Hotline

(800) 510-2020 (213) 738-4004

Elder Abuse Reporting Hotline Adult Protective Services

(877) 477-3646

Human Relations Commission (213) 738-2788

Ombudsman (800) 801-0030

Worksource Career Seeker (888) 226-6300

www.css.lacounty.gov

# **COMMUNITY** and **SENIOR SERVICES**



Our many programs are designed to enhance and enrich the quality of life for Los Angeles County residents. Whether seeking a first job or a career change, eating a nourishing lunch at a senior center, reporting adult abuse, resolving a legal dispute or taking care of a person in need, CSS has a program ready to assist you, a family member, or someone you know.

#### **COMMUNITY CENTERS**

**ALTADENA 91001**Altadena Community

(626) 398-6174

Center

COMPTON 90221 East Rancho Dominguez

(310) 603-7401

GARDENA 90249 Asian Service Center (310) 217-7300

LOS ANGELES 90001 Florence/Firestone (323) 586-6502

LOS ANGELES 90022 Centro Maravilla (323) 260-2804 LOS ANGELES 90063 East Los Angeles (323) 260-2801

SANTA CLARITA Santa Clarita Valley (661) 254-0070

**EL MONTE 91733**San Gabriel Valley **(626) 575-5431** 

SAN PEDRO 90731 San Pedro Service Center (310) 519-6091

VAN NUYS 91405 San Fernando Valley (818) 901-3501

#### **SENIOR CENTERS**

ALTADENA 91001 Altadena

(626) 798-4971

**LANCASTER 93534**Antelope Valley **(310) 603-7401** 

LOS ANGELES 90061 Willowbrook (310) 217-5650

WHITTIER 90606 Los Nietos (562) 699-9898

In addition, there are community and senior centers in many cities within Los Angeles County.

For more information, please call (800) 510-2020

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#### **WORKFORCE**

If you are searching for a job or a career change, or are a business in need of assistance, we offer the following programs:

Adult and Dislocated Worker provides individuals 18 years of age or older with:

- Re-training and Job Placement
- Career Counseling
- Placement Assistance

Rapid Response helps displaced workers find new jobs by providing training paths for new careers after a workforce reduction.

Youth Program assists youth ages 14-21 to develop goals and skills that lead to self-sufficiency. Services may include:

- Tutoring
- Mentoring
- Training
- Comprehensive Counseling
- Work Experience (paid and non-paid)

For the WorkSource Career Seekers, call (888) 226-6300

#### COMMUNITY

If you would like to meet friends, eat a nutritious meal, or learn a new skill or hobby, our 10 community service centers and four senior centers offer:

- Meals
- Health, nutrition and mental health services
- Community meeting rooms
- Ombudsman assistance
- Tax preparation
- Toy loan
- Exercising and educational classes
- Trips to fun destinations

If you want more information, call (800) 510-2020

#### **Dispute Resolution Program**

Do you have a conflict with your neighborhood, landlord or a merchant? The County offers free mediation services to help you resolve all kinds of disputes.

Our trained mediators are available without charge to help you resolve your disputes, so you can avoid the expense, time and hassle of formal court proceedings.

For more information, call (213) 738-2621

#### **Human Relations Commission**

L.A. County is committed to the advancement of healthier intergroup relations and human rights through community and institutional change.

By partnering with policymakers, schools, community-based organizations, law enforcement, government agencies, and others, the Human Relations Commission works to bring together people, community and government on common interests and goals, so that conflicts can be prevented and resolved.

For more information, call (213) 738-2788 or go to www.lahumanrelations.org

#### Office of Ombudsman

The Board of Supervisors created the Office of Ombudsman as an independent neutral office to help the public with complaints involving the Sheriff's Department. Ombudsman staff provides help with:

- Reviewing and filing a complaint
- Assisting with issues involving jail facilities
- Asking for help with medical and mental health issues on behalf of an inmate

For further information, call (800) 801-0030

#### SENIOR AND DISABLED ADULTS

If you are 60 years of age or older, or if you are disabled, we offer numerous programs such as:

- Home-delivered meals
- Group meals at over 100 locations
- Family Caregiver Support Program
- Health Insurance Counseling and Advocacy
- Supportive Services Care Management Program
- Linkages Care Management
- Traditional Legal Assistance
- Senior Community Service Employment Program

For information about a program located near you, call (800) 510-2020

#### **Adult Protective Services (APS)**

If you or someone you know is in an abusive, possibly life-threatening situation, APS provides a 24-hour service program to investigate and intervene in all situations involving seniors (65 or older) and dependent adults (18-64 and physically or mentally impaired) who are reported to be endangered by physical, sexual, or financial abuse; isolation, neglect, or self-neglect.

For more information or to make a referral, call (877) 477-3646



